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To Whom It May Concern:

It is with great pleasure that I highly recommend Barb McAllister as an amazing and talented coach. I chose to begin working with Barb as my coach in the early part of 2011 because I was attracted to her unique mix of a solid business background, combined with equal parts bold coaching ability, intuition and compassion. I hired her to work with me in multiple areas, including my career and my well-being. In addition, right away I shared with Barb that I wanted to create a relationship in my life – I wanted to find the man I would share my life with and create a family with. Barb lost no time in diving deep into the subject with me and helped me to create a project and to begin doing the work that would lead to my becoming more open and available to the possibility of deep and lasting love and intimacy.

There were certainly some low valleys on our coaching journey – 10 long years of internet dating left me fairly resigned and cynical about love and men. However, Barb partnered with me to stay focused on my commitment to finding a partner, to opening my heart and to doing the work on myself that would make me an amazing partner in relationship. In September of 2011, I went on a date that was destined to change my life. I met the man who I will share my life with and together we created an amazing, intimate relationship. We got engaged to be married on Christmas Day 2011, and we are planning to be married and start a family together in 2012. I am eternally grateful to Barb for her powerful and heart-filled coaching – for her ability to hold me accountable to the commitments that I declared for myself. I whole-heartedly recommend her to anyone who is considering working with a coach in any area of life.

Very truly yours,

Whittney Beard